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## Rapid report

## A unifying $T_{\rm m}$ diagram for phosphatidylethanolamines with sn-1 $C_{20}$ saturated and sn-2 $C_{18}$ unsaturated acyl chains

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## **Abstract**

We have determined calorimetrically the phase transition temperature  $(T_{\rm m})$  values of five sn-1 saturated/sn-2 unsaturated phosphatidylethanolamines (PE) in which the sn-1 acyl chain has 20 carbons and the sn-2 acyl chain has 18 carbons with different number and position of the cis double bond. When these  $T_{\rm m}$  values are combined with the five published  $T_{\rm m}$  values of related unsaturated PE, a unifying  $T_{\rm m}$  diagram is generated for the first time. Moreover, as the molecular mechanics simulated structures of these lipids are taken into consideration, this unifying  $T_{\rm m}$  diagram provides insight into how variations in the number and position of the cis double bond in the lipid's sn-2 acyl chain can influence the phase transition behavior of the lipid bilayer. © 1998 Elsevier Science B.V. All rights reserved.

Keywords: Phase transition temperature; Differential scanning calorimetry; Molecular mechanics simulation

Diacyl phospholipids isolated from biological membranes are amphipathic molecules with distinct polar and non-polar moieties. As a result, they usually self-assemble in aqueous solution, at physiological temperatures, to form large aggregates called the lipid bilayers. Interestingly, one-component phospholipids constituting the bilayers in the aqueous dispersion may, upon heating, exhibit multiple phase transitions. Of the several transitions, the main phase transition or the gel-to-liquid crystalline phase transition is the only one that is observed reproducibly upon repeated reheatings. The characteristic temperature corresponding to the maximal peak height of the sharp main transition is denoted as the phase

transition temperature or  $T_{\rm m}$  which can be most accurately determined by high-resolution differential scanning calorimetry (DSC).

The thermally induced structural changes of the lipid bilayer accompanying the main phase transition at  $T_{\rm m}$  have been studied extensively over the years, and the most fundamental process underlying these changes at  $T_{\rm m}$  is the abrupt occurrence of the *trans*  $\rightarrow$  *gauche* rotational isomerizations of methylene groups in the lipid chains (for recent reviews, see [1–3]). Consequently, one can appreciate that the  $T_{\rm m}$  value is related to, among other factors, the number of *trans* rotamers or *trans* C-C single bonds present in the lipid chains at  $T < T_{\rm m}$ . A given lipid species within a subclass of diacyl phospholipid is specified by the chemical compositions of the fatty acids esterified at the *sn*-1 and *sn*-2 positions of the glycerol backbone, which, at  $T < T_{\rm m}$ , must contain a

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certain fixed number of total trans C-C single bonds. As a result, such a lipid species is expected to exhibit, in excess water, a unique  $T_{\rm m}$  value. This expectation is indeed borne out by experimental results obtained calorimetrically with saturated phosphatidylcholine (PC) and phosphatidylethanolamine (PE) [4]. We can take the homologous series of saturated identical-chain PC from C(14):C(14)PC to C(20):C(20)PC with an incremental increase of one methylene unit per acyl chain as examples. In this series of lipids, not only each of the seven PC species has its own unique value of  $T_{\rm m}$ , the  $T_{\rm m}$  value is also observed to from nearly linearly 24.1°C C(14):C(14)PC to 66.4°C for C(20):C(20)PC [4]. This increase in  $T_{\rm m}$  with increasing carbon number in the lipid chains clearly demonstrates that  $T_{\rm m}$  is closely related to the total number of trans C-C single bonds present in the lipid chains at  $T < T_m$ .

We have just seen that the experimental  $T_{\rm m}$  value may be regarded as a unique physical constant for a given phospholipid species. Now, we shall see that  $T_{\rm m}$  may be used further as a simple comparative means to yield information about the dynamic structure of unsaturated lipid molecules packed in the gelstate bilayer. This point can be simply illustrated by considering saturated C(16):C(16)PC and monounsaturated C(16):C(18:1 $\Delta$ <sup>9</sup>)PC. These two lipid species have the same total number of 28 methylene units in their respective acyl chains. In addition, C(16):C(16)PC, the best studied phospholipid [5], is well known to be highly ordered in the gel-state bilayer with both chains mostly in all-trans configurations. The  $T_{\rm m}$  values of C(16):C(16)PC and  $C(16):C(18:1\Delta^9)PC$  are 41.5°C and -2.6°C, respectively [3]. The significantly lower  $T_{\rm m}$  value means that  $C(16):C(18:1\Delta^9)PC$ , in comparison C(16):C(16)PC, has a smaller number of trans C-C bonds and, concomitantly, a larger number of gauche C-C bonds in its acyl chains at  $T < T_{\rm m}$ . Therefore, on the basis of  $T_{\rm m}$ , C(16):C(18:1 $\Delta^9$ )PC can be regarded as being partially disordered in the gel-state bilayer. Furthermore,  $C(16):C(18:1\Delta^9)PC$ differs C(16):C(16)PC in the chemical composition of the sn-2 acyl chain. The partially disordered state of  $C(16):C(18:1\Delta^9)PC$  at  $T < T_m$  may thus be reasonably attributed to the effect of sn-2 acyl chain unsaturation; hence, the large population of gauche rotamers may be assigned to be in the sn-2 acyl

chain. In the absence of supplementary data, this is as far as  $T_{\rm m}$  alone can take us toward the elucidation of the dynamic structure of an unsaturated lipid in the gel-state bilayer.

The introduction of a single *cis* double bond ( $\Delta$ ) into the middle of a long sn-2 acyl chain of PC can be shown by molecular mechanics (MM) calculations to have two important consequences [6]. (1) The long sn-2 acyl chain is transformed into two shorter segments linked by a  $\Delta$ -containing kink. This kinked sn-2 acyl chain has a crankshaft-like topology. (2) The two C-C single bonds adjacent to the rigid cis carbon-carbon double bond are highly flexible at  $T < T_{\rm m}$ . Combining the structural and dynamic information obtained with MM calculations just cited and the experimental  $T_{\rm m}$  values obtained with several homologous series of mixed-chain phospholipids with the cis double bond at different positions in the sn-2 acyl chain allows us to still farther specification of unsaturated lipid systems. In fact, based on the combined approach, a molecular model about the dynamic structure of unsaturated lipid in the gel-state bilayer is beginning to emerge [7,8]. In this communication, we have determined the  $T_{\rm m}$  values of five sn-1 saturated/sn-2 unsaturated PE in which sn-1 and sn-2 acyl chains have 20 and 18 carbons, respectively. The numbers and positions of *cis* double bonds in the sn-2 acyl chain, however, vary from lipid to lipid. These calorimetrically determined  $T_{\rm m}$ values and five previously published  $T_{\rm m}$  values of the corresponding positional isomers, also from this laboratory, were codified. Based on this codification, a unifying  $T_{\rm m}$  diagram is formed for the first time. The variations in  $T_{\rm m}$  observed in this unifying  $T_{\rm m}$  diagram can be interpreted by the MM-based molecular model.

Mixed-chain sn-1 saturated/sn-2 unsaturated PE was synthesized from the corresponding PC by the base-exchange reaction in the presence of excessive amounts of ethanolamine hydrochloride, at pH 5.6, using phospholipase D according to the method of Comfurius and Zwaal [9] as described in detail elsewhere [8,10]. The mixed-chain PC was semisynthesized using the established procedure reported previously [11]; however, the in situ reaction, and the reacylation were carried out strictly under N<sub>2</sub> to avoid possible lipid oxidation. All lipids were purified by column chromatography on silica gel 60 and

exhibited only one spot on thin-layer chromatography in CHCl<sub>3</sub>/CH<sub>3</sub>OH/5% NH<sub>4</sub>OH (65:30:5). Saturated lysophosphatidylcholine with eicosanoyl chain, one of the starting materials for the semisynthesis of PC, was obtained from Avanti (Alabaster, AL). Unsaturated fatty acids, the other starting materials, were purchased from Sigma (St. Louis, MO) or Metreya (Pleasant Gap, PA); however, *cis*,*cis*-12,15 (or 6,9)-octadecadienoic acid was synthesized by the modified method of Christie and Holman [12].

The high-resolution DSC experiments were carried out using a MicroCal MC-2 calorimeter (Northampton, MA) or a Hart 7708 calorimeter (Pleasant Grove, UT). A constant scan rate of 15°C/h running in the ascending temperature mode was used. All reported DSC data were collected from the second DSC heating scan as described previously [8]. The  $T_{\rm m}$  value obtained at the transition peak maximum from the second DSC heating run was reproducible at  $\pm 0.1$ °C.

All MM force field calculations were carried out using an IBM RS/6000 computer workstation. The software MM3 (version 92) for MM calculations was supplied by Quantum Chemistry Program Exchange (Chemistry Department, Indiana University, Bloomington, IN). The structural data from the output of MM3 computations were transferred into the Hyper-Chem 4.0 software (Hyper Cube, Waterloo, Canada) performed on a Pentium P5-200 platform, from which the graphic images of lipid molecules can be visualized. Details of the procedure for obtaining the energy-minimized structure for various sn-1 saturated/sn-2 unsaturated PE were described previously [6-8]. Briefly, prior to stochastic search for the energy-minimized conformation of sn-1 saturated/sn-2 unsaturated PE, the atomic coordinates of an initially approximate structure obtained from the single crystal structure of C(12):C(12)PE [13] and the energy-minimized unsaturated chain [14] were generated. Any additional methylene-interrupted cis double bonds for the sn-2 acyl chain were constructed using  $s^-\Delta s^+ s^+\Delta s^-$  (or  $s^+\Delta s^- s^-\Delta s^+$ ) as the added sequence [14], where  $s^{\pm}$  refers to skew ( $\pm$ ) conformations with torsion angles of about  $\pm 110^{\circ}$  and  $\Delta$  denotes cis double bond with torsion angle of about 0°. These initial coordinates of the crude structural model were used as a set of initial input data in MM calculations.

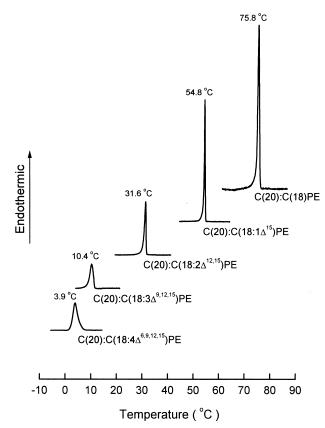


Fig. 1. A series of second DSC heating scans for aqueous dispersions of C(20):C(18)PE and its  $\omega 3$  unsaturated derivatives. These DSC curves show a continuous decrease in  $T_{\rm m}$  with a stepwise increase in the number of the cis double bond in the lipid's sn-2 acyl chain. Each  $T_{\rm m}$  value is indicated above its associated main phase transition.

In Fig. 1 the second DSC heating curves for aqueprepared individually dispersions C(20):C(18)PE and its four unsaturated \omega3 derivatives are illustrated. These unsaturated  $\omega 3$  PE derivatives have one to four cis double bonds in their sn-2 acyl chains, and they are: C(20): $C(18:1\Delta^{15})PE$ ,  $C(20):C(18:2\Delta^{12,15})PE$ ,  $C(20):C(18:3\Delta^{9,12,15})PE$ , and C(20): $C(18:4\Delta^{6,9,12,15})$ PE. The aqueous dispersion prepared from saturated C(20):C(18)PE exhibits a sharp, single, and nearly symmetric endothermic transition with a  $T_{\rm m}$  of 75.8°C. After the first cis double bond is introduced into C(20):C(18)PE at the third carbon (ω3) when counting from the methyl of the sn-2 acyl chain, the resulting  $C(20):C(18:1\Delta^{15})PE$  also exhibits a sharp, single and nearly symmetric phase transition curve. However, this transition is downshifted markedly by 21.0°C with a  $T_{\rm m}$  of 54.8°C (Fig. 1). This large decrease in  $T_{\rm m}$  cannot be explained simply by the decrease of one C-C single bond number in the *sn*-2 acyl chain as a result of the incorporation of a single *cis* double bond in between C(15) and C(16), since a considerably smaller difference of 3.9°C in  $T_{\rm m}$  between C(20):C(18)PE and C(20):C(17)PE has been documented [4].

The observed large difference in  $T_{\rm m}$  between monoenoic phospholipid and its saturated counterpart has been hypothesized as due to the presence of a partially disordered short segment in the monoenoic sn-2 acyl chain at  $T < T_{\rm m}$  [7,8]. This disordered segment does not contribute significantly to the chain melting process of  $trans \rightarrow gauche$  isomerizations at  $T_{\rm m}$ . In the case of C(20):C(18:1 $\Delta$ <sup>15</sup>)PE, the disordered segment is the terminal segment of -C(15) = C(16)-C(17)-C(18). The assumed flexible nature of this terminal segment at  $T < T_{\rm m}$  can be attributed mainly to the large degrees of rotational freedom of the two single C-C single bonds adjacent to the cis double bond as demonstrated by MM calculations [6]. Data in strong support of the proposed model comes from the  $T_{\rm m}$  of C(20):C(14)PE, which is 54.6°C [4], and is virtually identical to the  $T_{\rm m}$  of 54.8°C observed for C(20):C(18:1 $\Delta$ <sup>15</sup>)PE as shown in Fig. 1. Fig. 1 further shows that the phase transition temperatures of other  $\omega$ 3 unsaturated derivatives of C(20):C(18)PE downshift progressively as additional cis double bonds are incorporated successively into the sn-2 acyl chain.

The molecular structures of these ω3 PEs can be simulated by MM calculations and they are illustrated in Fig. 2. Each energy-minimized ω3 lipid is characterized by a kinked sn-2 acyl chain in which two segments are linked by a  $\Delta$ -containing kink sequence. The upper segment extends from the C(3)carbon to the olefinic carbon with the lowest number. The all-trans segment designated by ATS is one C-C bond length less than the upper segment, because the C-C single bond preceding the cis double bond has a skew (+) conformation with a torsion angle of about 110°. One can easily recognize from various ω3 lipids shown in Fig. 2 that the alltrans linear segment in the unsaturated sn-2 acyl chain becomes progressively shortened as methylene-interrupted cis double bonds are stepwise incorporated into the chain on the carboxyl side of the existing double bond. This progressively shortened

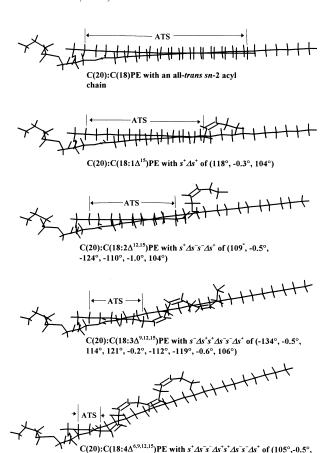


Fig. 2. Molecular graphics representations of the energy-minimized structures of C(20):C(18)PE and its  $\omega 3$  unsaturated derivatives. The all-*trans* segment (ATS) in each kinked *sn*-2 acyl chain is indicated, and it decreases with increasing number of the *cis* double bond.

-127°, -114°, -0.5°, 113°, 124°, -0.6°, -115°, -124°, -0.7°, 104°)

ATS at  $T < T_{\rm m}$  can thus account for the observed successive decrease in  $T_{\rm m}$  for  $\omega 3$  PE as depicted in Fig. 1.

Similar to  $\omega$ 3 PE, the  $T_{\rm m}$  values of  $\omega$ 6 PE and  $\omega$ 9 PE, relative to that of C(20):C(18)PE, are also observed to decrease significantly with the incorporation of the first *cis* double bond. Subsequent incorporation of additional *cis* double bonds on the carboxyl side of the existing double bond further reduces the  $T_{\rm m}$  and the results are given in the middle two rows in the  $T_{\rm m}$  diagram shown in Fig. 3. Together with  $\omega$ 3 PE, these data indicate clearly that the  $T_{\rm m}$  value associated with the gel-to-liquid crystalline phase transition of the lipid bilayer composed of *sn*-1 saturated/*sn*-2  $\omega$  unsaturated PE is strongly influenced by the number of *cis* double bonds present in the lipid's *sn*-2 acyl chain.

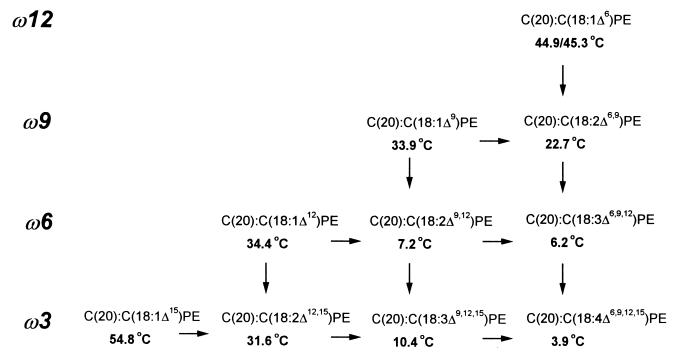


Fig. 3. A unifying  $T_{\rm m}$  diagram for unsaturated lipids derived from a common precursor, the C(20):C(18)PE. Each row is specified by a family of omega lipid(s) as indicated. The  $T_{\rm m}$  values are printed in bold face under their corresponding lipids. Five  $T_{\rm m}$  values are obtained calorimetrically from the present investigation and they are associated with the following lipids: C(20):C(18:1 $\Delta^6$ )PE, C(20):C(18:2 $\Delta^{6,9}$ )PE, C(20):C(18:2 $\Delta^{12,15}$ )PE, and C(20):C(18:3 $\Delta^{6,9,12}$ )PE. The other five  $T_{\rm m}$  values are taken from the literature [7,8], also published from this laboratory.

The T<sub>m</sub> values of various C(20):C(18)PE derivatives shown in the  $T_{\rm m}$  diagram (Fig. 3) can also be viewed along the vertical column from top to bottom. Unlike those lipid species shown horizontally, these unsaturated lipids have their cis double bonds added successively on the methyl side of the existing double bond. Let us first look at the last column which contains the largest number of lipid species. The first *cis* double bond is incorporated at the  $\Delta^6$ position near the carboxyl end. The resulting  $C(20):C(18:1\Delta^6)PE$ , in excess water, exhibits calorimetrically a sharp yet split peak. Hence, two  $T_{\rm m}$ values of 44.9°C and 45.3°C are given in Fig. 3. All other unsaturated PEs display calorimetrically a single gel-to-liquid crystalline phase transition. The  $T_{\rm m}$  associated with the single phase transition decreases with increasing number of the cis double bond (Fig. 3, last column). This  $T_{\rm m}$ -lowering trend of successive chain unsaturation is analogous to that observed earlier for the series of ω3 PE shown in Fig. 1; hence, this characteristic trend can be explained by the gradual shortening of the all-trans segment in

the *sn*-2 acyl chain due to the replacement of the C-C single bond by the C-C double bond.

Now let us see how the  $T_{\rm m}$  varies for the series of unsaturated PE shown in the second column from the right in Fig. 3. The addition of the first cis double bond at the  $\Delta^9$  position near the middle of the sn-2 acyl chain in C(20):C(18)PE results in a large decrease in  $T_{\rm m}$  from 75.8°C to 33.9°C. The addition of a second *cis* double bond at the  $\Delta^{12}$  position results in a further decrease of 26.7°C in T<sub>m</sub> as expected [8]. Interestingly, the addition of a third cis double bond at the  $\Delta^{15}$  position is accompanied by a small increase of 3.2°C in  $T_{\rm m}$ . This down-and-up trend in T<sub>m</sub> has been observed previously for several series of unsaturated PEs from this laboratory [8]. Moreover, similar down-and-up trends in  $T_{\rm m}$  have also been observed for two series of unsaturated PCs [15,16]. It should be emphasized, however, that in the present study the down-and-up trend in  $T_{\rm m}$  is not presented as an isolated single series of lipids; instead, it is presented in a unifying diagram (Fig. 3) among all other related unsaturated PEs with different number and position of the *cis* double bond and, furthermore, all these unsaturated PEs are derived from a common precursor, the C(20):C(18)PE.

The small increase in  $T_{\rm m}$  accompanying the C(20):  $C(18:2\Delta^{9,12})PE \rightarrow C(20):C(18:3\Delta^{9,12,15})PE$  conversion is intriguing, since the incorporation of a third cis double bond into the sn-2 dienoyl chain usually results in a decrease in  $T_{\rm m}$  as seen in the following conversions (Fig. 3): C(20): $C(18:2\Delta^{6,9})$ PE or  $C(20):C(18:2\Delta^{9,12})PE \rightarrow C(20):C(18:3\Delta^{6,9,12})PE$  and  $C(20):C(18:2\Delta^{12,15})$  PE  $\rightarrow$   $C(20):C(18:3\Delta^{9,12,15})$  PE. The difference between these two types of conversions lies in the position of the newly added cis double bond. In the first type, the newly added cis double bond occurs in the long segment of the kinked sn-2 dienoyl chain; hence, the total number of all-trans C-C single bonds in the resulting sn-2 trienoyl chain is reduced, leading to a decrease in  $T_{\rm m}$ . The other type as exemplified by the C(20): C (18:2 $\Delta^{9,12}$ ) PE $\rightarrow$  $C(20):C(18:3\Delta^{9,12,15})PE$  conversion is characterized by the addition of a third cis double bond into the short lower segment of the sn-2 dienoyl chain. This short segment can be reasonably assumed to be disordered at  $T < T_{\rm m}$ ; hence, it does not contribute much to the chain melting process of trans  $\rightarrow$  gauche isomerizations underlying the main phase transition at  $T_{\rm m}$ . When a third cis double bond is introduced into this presumably disordered segment at the  $\Delta^{15}$ position, the resulting trienoyl chain will remain largely in the same disordered state. The  $T_{\rm m}$  of  $C(20):C(18:3\Delta^{9,12,15})PE$  will, therefore, not decrease. Furthermore, due to the additional rotational immobility of the olefinic carbons about the newly added cis double bond, the configurational entropy of this trienoyl chain will decrease slightly at  $T > T_{\rm m}$  relative to its precursor, leading to a small increase in  $T_{\rm m}$ .

The observed down-and-up trends in  $T_{\rm m}$  suggests strongly that not only the number but also the position of the *cis* double bond in the *sn*-2 acyl chain can influence the main phase transition behavior of the lipid bilayer. The importance of the position of the *cis* double bond is, in fact, indicated by the diagonal terms presented in Fig. 3. For the series of monoenoic PE, it is clearly seen that the lipid with a *cis* double bond located nearly in the middle of the *sn*-2 acyl chain has the lowest value of  $T_{\rm m}$ , a scenario well documented in the literature [7]. For the three dienoic PE species shown diagonally in Fig. 3, a similar

but new profile is observed. In particular, C(20): $C(18:2\Delta^{9,12})$ PE with its two methylene-interrupted *cis* double bonds located nearly in the middle of the *sn*-2 acyl chain has the lowest  $T_m$  value. The virtue of the  $T_m$  diagram (Fig. 3) is that all different  $T_m$  profiles observed earlier are now presented together in a simple, unifying manner in which additional new  $T_m$  profiles are also included.

The  $T_{\rm m}$  profiles obtained with mono- and dienoic PE shown diagonally in Fig. 3 can be explained by a MM-based molecular model proposed earlier from this laboratory [7,8]. The essence of this model is that the short segment in the kinked sn-2 acyl chain is largely disordered at  $T < T_{\rm m}$  and hence it acts principally as a perturbing element. The observed  $T_{\rm m}$ -lowering effect of acyl chain monounsaturation can thus be accounted for quite simply by the presence of this perturbing element at  $T < T_{\rm m}$ . In addition, according to the MM-based molecular model, the long segment in the kinked sn-2 acyl chain is assumed to be highly ordered at  $T < T_{\rm m}$ ; hence, unlike the short segment, it contributes significantly to the chain melting process at  $T_{\rm m}$ . We can now apply the MM-based molecular model to the  $T_{\rm m}$  profiles observed in those diagonal terms of Fig. 3. When the cis double bond(s) is located in the middle of the sn-2 acyl chain, the length of the long segment is minimal; thereby causing the lowest  $T_{\rm m}$ . As the cis double bond(s) moves stepwise away from the chain middle toward either end, the length of the long segment increases progressively leading to a gradual increase in  $T_{\rm m}$ .

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